



# Camp BIAG 2022 Packing List!

## PLEASE NOTE!

- ★ The cabins sleep multiple campers. Please pack lightly to avoid overcrowding. We encourage 1 piece of luggage plus DME as needed.
- ★ Soiled linens and clothing will be returned in a black trash bag
- ★ Each camper will receive a t-shirt upon arrival (to be worn during camp)
- ★ Cell phone reception at camp is poor. Please consider leaving your phone at home.

## CLOTHING:

- T-shirts, short or long (4 recommended, camp t-shirt provided)
- Shorts or pants (4 recommended)
- Undergarments (6 recommended, unless incontinence is an issue)
- Socks (6 pair recommended)
- Jacket or sweatshirt (1 recommended)
- Pajamas (2 pair recommended), unless incontinence is an issue
- Sandals (1 pair recommended)
- Sneakers (1 pair recommended)
- Raincoat (1 recommended)
- Hat (sun protection) (1 recommended)
- Luau/Hawaiian themed accessories or clothing

## TOILETRIES, ETC:

- Toothbrush
- Toothpaste
- Floss/mouthwash
- Soap
- Deodorant
- Shampoo/Conditioner
- Comb/brush
- Lotion
- Sun screen
- Bug repellent
- Contacts/glasses



### LINENS:

- Towel and washcloth (shower) (2 recommended)
- Beach towel (swimming/water play) (1 recommended)
- Bedding: sheets, blanket and pillow. Please bring 2nd set if incontinence is an issue.
- Laundry bag (we will provide black trash bags for soiled sheets/clothing if needed)

### MEDICAL:

- Medication
- DME

### MISCELLANEOUS:

- A slice of home (photos, notes, stuffed animals, etc.)

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### PLEASE DO NOT PACK:

- Video game devices
- iPads, laptops, iPods, mp3 players
- Valuables (jewelry, watches, etc.)
- Hazardous sports equipment
- Cash

Questions about what to pack?  
Please email: [events@biaga.org](mailto:events@biaga.org)

SEE YOU AT CAMP!

