

1441 CLIFTON RD. NE #114-A • AT-  
LANTA, GA 30322 •  
PHONE: 404-712-5504 •  
FAX: 404-712-0463 •  
1-800-444-6443

[www.braininjurygeorgia.org](http://www.braininjurygeorgia.org)

Contact: jane@braininjurygeorgia.org

**SUPPORT GROUPS  
(Listed By County)**

Please visit our [website](http://www.braininjurygeorgia.org) for  
details on group meetings  
and contact information

**BIBB COUNTY**

Macon, GA  
"Macon Support Group"

**CATOOSA COUNTY**

Ft. Oglethorpe, GA  
"Jimmy Simpson  
Foundation"

**CHATHAM COUNTY (2)**

Savannah, GA

Goodwill "Advance  
Acquired Brain Injury "

Memorial Rehab Center  
"Gray Matters"

**CLARKE COUNTY**

Athens, Ga  
"Athens Support Group"

**CLAYTON COUNTY**

Riverdale, GA  
"Miracles Happen"

**COBB COUNTY**

Marietta, GA  
"Unlimited Possibilities"

**DEKALB COUNTY (2)**

Atlanta, GA

**"VA TBI Support Group"  
For Veterans**

"Peer Visitor for Veterans  
Program"  
VA Medical Center  
Decatur, GA

**"Emory Support Group"**

Emory Rehab Center  
Atlanta, GA

**DOUGHERTY COUNTY**

Albany, GA  
"Albany Support Group"

**FANNIN COUNTY**

Blue Ridge, GA  
"Blue Ridge Support Group"

## BRAIN INJURY ASSOCIATION OF GEORGIA

June 2011

# NEWS YOU CAN USE!

## Southern Regional Annual Health Fair



L-R: Pat Buice, Miracles Happen (Riverdale) Support Group Leader, Carolyn Cruse, Tom Houchins, PVVP Leader, Dee Houchins, Support Group Steering Committee Chair, Tiki Carter

Southern Regional Hospital recently hosted its annual Health Fair. The Brain Injury Association of Georgia participated distributing materials about our Association, the Trust Fund and brain injury information, selling cookbooks and buttons and networking with other exhibitors and guests.

The Miracles Happen Support Group has met at Southern Regional for many years. Support group facilitator, Pat Buice, along with group members, Carolyn Cruse and Tiki Carter, staffed the BIAG exhibit along with BIAG Board member, Dee Houchins, and husband Tom.

## Camp Hardgrove —Sept 8-11, 2011



**Camp Hardgrove**, in partnership with Camp Twin Lakes, annual Camp Hardgrove Camp for adult brain injury survivors with respite camp for their caregiver. **Deadline to apply is July 15th.**

Visit <http://www.braininjurygeorgia.org/camps.htm> to submit your application online!

*"The best thing about camp is everyone understands my injury...I can be me"*

**SUPPORT GROUPS Cont.**  
(Listed By County)

Please visit our [website](#) for details on group meetings & contact information

**FLOYD COUNTY**

Rome, GA

"Rome Support Group"

**FULTON COUNTY (4)**

**"Children & Adolescent Support Group"**

Children's Healthcare of Atlanta at Scottish Rite  
Atlanta, GA

**"North Fulton Support Group"**

Alpharetta/Roswell, GA  
770-642-4236 x41

**"Minor Brain Injury Support Group"**

Atlanta/Buckhead

**"The Seminole Spirit—A Speech Listening Group"**

Roswell, GA

**GORDON COUNTY**

Calhoun, GA

"Divine Restoration Abounds"

**GWINNETT COUNTY**

Lawrenceville, GA

"The Gwinnett County Area Support Group"

**MUSCOGEE COUNTY**

Columbus, GA

"Columbus Support Group"

**NEWTON/ROCKDALE COUNTY**

Conyers, GA

"Brain Injury Support Group of Newton/Rockdale"

**RICHMOND COUNTY**

Augusta, GA

"Brain Injury Support Group" Walton West Transitional Living Center

**SPALDING/LAMAR/UPSON COUNTY**

Griffin, GA

"Lost and Found"

**THOMAS COUNTY**

Boston, GA

"Hope"



The [Trust Fund](#) Changes Lives!  
The Trust Fund welcomes all applications from all Georgians who have sustained a traumatic brain and/or spinal cord injury

## News You Can Use about "Seminole Spirit" Brain Injury Support Group

### 4th Annual Restore Health Group Banquet held at Northbrook United Methodist Church .



Northbrook United Methodist Church held their 4th annual **Seminole Spirit & Restore** Banquet honoring clients and families of TBI survivors. Charlie Corbitt, a member of the Seminole Spirit and Northbrook United Methodist coordinated this annual event which featured dinner cooked and serviced by 30 volunteers.



**Mark Halvorsen**, Support Group Leader who sustained a brain injury when he fell from his roof 12 years ago, talked about the startup of his unique group which is a "speech listening" support group called **"Seminole Spirit"**. Mark's goal for his support group is to not only help with speech and aphasia but restore and build self confidence within each member. Mark invites you to attend his support group meetings. You can visit [www.braininjurygeorgia.org](http://www.braininjurygeorgia.org) to find out meeting times and location.



Special guest speaker was **Damian Stanoiu**, a Romanian violinist, who told a moving story, with violin and piano accompaniment, about meeting his wife, his life, joys, trials and tribulations faced when it was discovered his wife had a brain tumor and later passed on. He has faced many situations throughout his life and found that each has a meaning. The take away from his message was **"God gives you lessons, never ever give up and always move forward and achieve"**.



If you have news to share—an event, happening, article, story about someone in your group —contact [jane@braininjurygeorgia.org](mailto:jane@braininjurygeorgia.org)



Mark and wife Maureen Halvorsen, Wendy Elmore and her husband enjoying the food and a slide show of past banquets



Damian Stanoiu and Eugene Dumitrascu playing "Have Thine Own Way, Lord"



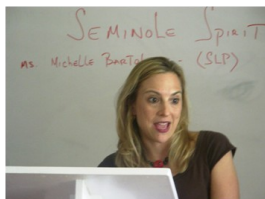
Bill DeAngelo, Jane Jackson, Maureen Halvorsen



Seminole Spirit "Speech Listening" Support Group Members

**Seminole Spirit Support Group** welcomed guest speaker **Michelle Bartolozzi**, Clinical Supervisor at Georgia State University, at their June 10th group meeting. Mark met Michelle while participating in a Speech Therapy and Social Cognition Group at GSU.

GSU has a Social Communication Therapy Group which focuses on individual social communication and pragmatic goals with peers and is led by graduate students and a Licensed Speech Language Pathologist who has over 16 yrs experience in the brain injury field. If anyone is interested in joining this free therapy group for the fall semester, which starts in August, you may call 404-413-8040. If you would like Michelle to speak at your support group you may send a request to [michellebartolozzi@comcast.net](mailto:michellebartolozzi@comcast.net).



## Board of Directors

**Diane Ohmann**  
Board Treasurer  
PVVP Committee  
Nominating Committee  
Owner  
SAS Partners

**Kay Jones**  
Board Secretary  
Education Committee  
Survivor, Support Group Leader  
Columbus, GA

**Clint W. Sitton**  
Board Member  
Public Policy & Relations, Legal  
& Legislative Advisory Committee  
Kopelman Sitton Law Group

**Dr. Jeremy Hertz, Psy.D.**  
Board Member  
Nominating Committee  
Walton Rehab Health System

**Randy Babcock**  
Board Member  
Nominating Committee  
Funding and Marketing Chair  
Retired Businessman & Survivor

**Dan Coe**  
Board Member  
Fundraising Committee  
Professional & Survivor  
Savannah

**Dr. Stephen Macciocchi, Ph.D.**  
Board Member  
Fundraising Committee  
Medical Professional  
Shepherd Center

**Carolyn Stepp**  
Board Member  
Cookbook and Membership  
Committee  
Caregiver & Support Group Leader

**Robert Beaham**  
Board Member  
IBM International Program  
Manager

**Stephanie Spencer, RN, BSN, CCM**  
Membership Committee Chair  
Case Manager  
Peach State Health Plan

**Dee Houchins**  
Board Member  
Interim Chair of the Support Group  
Steering Committee  
Support Group Leader  
Newton/Rockdale  
Brain Injury Support Group

If it is time to renew your sponsorship or membership; if you would like to become a new sponsor or member of BIAG, visit our website today!



Become a Facebook fan of the Brain Injury Association of Georgia!

## Support Group Creative & Therapeutic Art Activities

Creative Arts Therapy encompasses forms of therapeutic activity that include the Creative Arts such as Drama and Theater, Visual Arts, Music and Writing. Creative and Therapeutic Art Activities can be used as an alternative to conventional therapy or as a companion to conventional therapy, depending on the goals of the patient. Creative and Therapeutic Arts Activities can be executed on their own, but certain therapeutic goals need to be supervised by a trained professional.



**Creative Drama Therapeutic Activities** are often used to help people overcome shyness and work with others.

**Visual Art Therapy Activities** are often used to help heal emotional wounds.



**Musical Therapeutic Activities** are creatively stimulating.

**Creative Writing Therapy** can encompass a number of therapeutic activities.



## ART GALLERY

**Get your Support Group involved and submit a poem, photograph or art work to be published in the upcoming "News You Can Use" Newsletter.**

Mail to: Jane Jackson  
BIAG  
1441 Clifton Road NE  
Atlanta, GA 30322

Or Email to: [jane@braininjurygeorgia.org](mailto:jane@braininjurygeorgia.org)



### *Eat That Frog!*

*In his book “Eat That Frog!”, author Brian Tracy will help you to stop procrastinating and be more effective in managing your time.*

*Here’s a little food for thought.....*



There’s an old saying that says.....

If the first thing you do when you wake up each morning is **eat a live frog.....**Nothing **worse** can happen for the rest of the day!

Now, I don’t know about you, but I think that’s a pretty **safe assumption!**

Well, Brian Tracy has said that your “frog” should be the most difficult task on your things-to-do list



To Do:

- Pay Bills
- Organize Closet
- Plan Menu for the Week

The one you are most likely to procrastinate on!



Because if you eat that first, it’ll give you **energy** and **momentum** for the rest of the day!

But if you don’t, if you let him sit there on the plate while you do a hundred unimportant things

It can **drain your energy** and you won’t even know it!

William James, one of the founders of modern psychology said this “Procrastination is **attitude’s natural assassin.** There’s nothing so fatiguing as an uncompleted task”

So, with that said....here’s **your assignment** for the next thirty days

Take a look at your list, **circle the frog**, eat that first and

**You’ll thank us for it!**

You can find this and other inspirational and motivational books at [www.simpletruths.com](http://www.simpletruths.com)

